

# 2024 Pine to Prairie Girls Conference

May 9, 2024 - Ada-Borup HS - Ada, MN

1. Park Christian	183
2. Bagley/Fosston	115
3. Climax-Fisher-Sacred Heart	93
4. Fertile-Beltrami	66
5. Ada-Borup-West	57
6. Mahnomen/Waubun	20
7. Win-E-mac	8
7. NCE/UH	8
9. Red Lake County	6

## Girls Varsity 100 Meters Finals

=====

Athlete Yr Team Mark Wind

=====

1 Ava Phrakonkham Bagley/Fosston	11.7
2 Katrina Hitchen Fertile-Beltrami	12.6
3 Claire Klinkhammer Bagley/Fosston	12.7
4 Finley Horken Climax-Fisher-Sacred He	13.1
5 Avery Aakre Park Christian	13.1
6 Maria Spaeth Park Christian	13.2
7 Caralina Janisch Win-E-mac	13.5
8 Anna Wellumson Climax-Fisher-Sacred He	13.6
8 Macie Haskett Win-E-mac	13.6
8 Meah Marshall Climax-Fisher-Sacred He	13.6
11 Rubie Dobbins Park Christian	13.9
11 Andrea Sturdevant Climax-Fisher-Sacred He	13.9
13 Joy Neubert Win-E-mac	14.0
14 Natalie Noll Mahnomen/Waubun	14.1
15 Danica Striker Bagley/Fosston	14.3
16 Aubrie Trautner Ada-Borup-West	14.5
17 Izzy Blue Mahnomen/Waubun	14.6
17 Daphne Harmoning Red Lake County	14.6
19 Aleena Robinson Climax-Fisher-Sacred He	15.0
19 Morgan Boreen NCE/UH	15.0
21 Brooke Kenfield NCE/UH	15.4
22 Beth Mertz Ada-Borup-West	16.4
23 Marley Schroeder Climax-Fisher-Sacred He	16.5
24 Haidyn Berhow Fertile-Beltrami	16.7
25 Leanna White NCE/UH	17.1
Callie Bjerk Mahnomen/Waubun	DNS

## Girls Varsity 200 Meters Finals

=====

Athlete Yr Team Mark Wind

=====

1 Ava Phrakonkham Bagley/Fosston	24.7
2 Claire Klinkhammer Bagley/Fosston	27.0
3 Adley Vigness Climax-Fisher-Sacred He	27.4
4 Caralina Janisch Win-E-mac	27.9
5 Rebecca Peterson Park Christian	28.3
6 Jordyn Rasch Fertile-Beltrami	28.3
7 Jenna Thompson Ada-Borup-West	28.6
8 Macie Haskett Win-E-mac	29.0
9 Julia Miller Ada-Borup-West	29.1
10 Cierra Carlson Park Christian	29.2

11 Danica Striker Bagley/Fosston	29.6
12 Maria Spaeth Park Christian	29.7
13 Joy Neubert Win-E-mac	29.9
14 Andrea Sturdevant Climax-Fisher-Sacred He	29.9
15 Kenna Jensrud Fertile-Beltrami	30.1
16 Emily Reitmeier Climax-Fisher-Sacred He	30.3
17 Aleena Robinson Climax-Fisher-Sacred He	31.5
18 Daphne Harmoning Red Lake County	31.7
19 Morgan Boreen NCE/UH	32.5
20 Cassidy Bjerk Mahnomen/Waubun	32.7
21 Caroline Knudson Climax-Fisher-Sacred He	33.9
22 Emersyn Borgen Ada-Borup-West	34.4
23 Ivy Gregorie Fertile-Beltrami	35.0
24 Marley Schroeder Climax-Fisher-Sacred He	35.2
Allegra Knott Red Lake County	DNS
Jewel Hendrickson Mahnomen/Waubun	DNS
Lillian Henderson Climax-Fisher-Sacred He	DNS

## Girls Varsity 400 Meters Finals

=====

Athlete Yr Team Mark Wind

=====

1 Katrina Hitchen Fertile-Beltrami	1:00.5
2 Annika Aakre Park Christian	1:01.7
3 Jenna Thompson Ada-Borup-West	1:04.6
4 Annika Frueh Park Christian	1:05.2
5 Isabella Warmbold Bagley/Fosston	1:05.6
6 Hatty Quam Bagley/Fosston	1:06.9
7 Brylee Clark Fertile-Beltrami	1:09.1
8 Reese Bruggeman Fertile-Beltrami	1:09.5
9 Shelby Mandt Win-E-mac	1:09.8
10 Tayla Halvorson Bagley/Fosston	1:10.8
11 Phoebe Cokeley Climax-Fisher-Sacred He	1:16.4
12 Adara Peterson Win-E-mac	1:17.2
13 Abby Blue Mahnomen/Waubun	1:19.3
14 Caroline Knudson Climax-Fisher-Sacred He	1:19.5
15 Ellie Gonzales Ada-Borup-West	1:26.4
16 Khloe Higgins Climax-Fisher-Sacred He	1:31.6
Jewel Hendrickson Mahnomen/Waubun	SCR
Allegra Knott Red Lake County	SCR
Audrey Hahne Park Christian	SCR

## Girls Varsity 800 Meters Finals

=====

Athlete Yr Team Mark Wind

=====

1 Emmi Ihry Climax-Fisher-Sacred He	2:24.1
2 Sarah Prodzinski Ada-Borup-West	2:26.4
3 Annika Aakre Park Christian	2:27.2
4 Jayla Abrahamson Climax-Fisher-Sacred He	2:28.8
5 Hannah Fonder Bagley/Fosston	2:32.1
6 Maddie Kuster Climax-Fisher-Sacred He	2:41.0
7 Brianne Myers Ada-Borup-West	2:47.9
8 Elizabeth Lytle Red Lake County	2:48.7
9 Molly Heide Bagley/Fosston	2:51.6
10 Skye Balstad Bagley/Fosston	2:52.4

- 11 Kate Nelson Park Christian 2:54.1
- 12 Skyler Benson Fertile-Beltrami 2:56.8
- 13 Hadley Christianson Park Christian 2:58.6
- 14 Emelia Tweten NCE/UH 3:01.4
- 15 Emma Determan Win-E-mac 3:05.6
- 16 Ella Bolstad Fertile-Beltrami 3:11.6
- 17 Mina Kjono NCE/UH 3:11.8
- 18 Tessa Opdahl Fertile-Beltrami 3:13.5
- 19 Katrina Deegan Swenson Mahnomen/Waubun 3:23.9
- 20 Kirsten Spry Win-E-mac 3:31.1
- 21 Peyton Solie Win-E-mac 3:47.2

Girls Varsity 1600 Meters Finals

=====

Athlete Yr Team Mark Wind

=====

- 1 Emmi Ihry Climax-Fisher-Sacred He 5:16.8
- 2 Ella Arntson Climax-Fisher-Sacred He 5:37.7
- 3 Jayla Abrahamson Climax-Fisher-Sacred He 5:39.6
- 4 Ellika Johnson Park Christian 5:51.0
- 5 Elizabeth Lytle Red Lake County 6:16.4
- 6 Elena Brown Park Christian 6:29.3
- 7 Heidi Steinbrenner Bagley/Fosston 6:34.0
- 8 Emelia Tweten NCE/UH 6:42.9
- 9 Emma Determan Win-E-mac 6:43.6
- 10 Emma Heller Bagley/Fosston 6:51.5
- 11 Mina Kjono NCE/UH 7:13.1
- 12 Danielle Winter Win-E-mac 8:22.5
- 13 Peyton Solie Win-E-mac 8:50.7
- Katrina Deegan Swenson Mahnomen/Waubun DNS
- Lillian Nelson Bagley/Fosston DNS

Girls Varsity 3200 Meters Finals

=====

Athlete Yr Team Mark Wind

=====

- 1 Ella Arntson Climax-Fisher-Sacred He 12:36.8
- 2 Ellika Johnson Park Christian 12:40.5
- 3 Ellie Rogness Park Christian 13:00.6
- 4 Meg Rogness Park Christian 14:07.6
- 5 Alivia Heller Bagley/Fosston 17:46.2

Girls Varsity 100m Hurdles Finals

=====

Athlete Yr Team Mark Wind

=====

- 1 Annika Johnson Park Christian 17.6
- 2 Kaitlyn Obowa Mahnomen/Waubun 17.7
- 3 Micayla Olson Fertile-Beltrami 17.8
- 4 Bailey Iverson Fertile-Beltrami 18.1
- 5 Natalie Aakre Park Christian 18.4
- 6 Ava Hayes Bagley/Fosston 18.6
- 7 Izabel Marcussen Ada-Borup-West 18.8
- 8 Emily Reitmeier Climax-Fisher-Sacred He 18.9
- 9 Mattea Berge Park Christian 19.0
- 10 Miley Fladhammer Fertile-Beltrami 21.5
- 11 Lillian Hansen Ada-Borup-West 21.7
- 12 Brielle Duppong Bagley/Fosston 22.5

- 13 Shelby Long Win-E-mac 23.8
- 14 Alexis Peterson Win-E-mac 23.9
- 15 Alivia LaFriniere Mahnomen/Waubun 24.2
- 16 Lillian Henderson Climax-Fisher-Sacred He 25.0
- Brea Abrahamson Climax-Fisher-Sacred He DNS

Girls Varsity 300m Hurdles Finals

=====

Athlete Yr Team Mark Wind

=====

- 1 Ava Hayes Bagley/Fosston 50.9
- 2 Annika Johnson Park Christian 51.0
- 3 Micayla Olson Fertile-Beltrami 54.7
- 4 Kaitlyn Obowa Mahnomen/Waubun 54.8
- 5 Norah Hanson Climax-Fisher-Sacred He 55.1
- 6 Mattea Berge Park Christian 56.2
- 7 Sofie Grunhovd Fertile-Beltrami 56.4
- 8 Natalie Aakre Park Christian 57.7
- 9 Lillian Hansen Ada-Borup-West 58.8
- 10 Izabel Marcussen Ada-Borup-West 59.7
- 11 Abigail Seed Bagley/Fosston 1:00.4
- 12 Gretchen Anderson Bagley/Fosston 1:00.7
- 13 Majeistic Murray Mahnomen/Waubun 1:04.7

Girls Varsity 4x100m Relay Finals

=====

Team Time

=====

- 1 Bagley/Fosston 50.5
- 1) Isabella Warmbold 2) Sienna Friesen
- 3) Tessa Manecke 4) Ava Phrakonkham
- 2 Park Christian 52.6
- 1) Rubie Dobbins 2) Ruth Harris
- 3) Kaycee Endreson 4) Avery Aakre
- 3 Ada-Borup-West 54.5
- 1) Julia Miller 2) Aubrie Trautner
- 3) Macie Cavett 4) Makenna Ness
- 4 Win-E-mac 56.4
- 1) Joy Neubert 2) Macie Haskett
- 3) Shelby Mandt 4) Caralina Janisch
- 5 Mahnomen/Waubun 58.6
- 1) Callie Bjerk 2) Alexis Pazdernik
- 3) Leala Halvorson 4) Dakiya Smith
- 6 Climax-Fisher-Sacred Heart 59.6
- 1) Emily Reitmeier 2) Lillian Henderson
- 3) Aleena Robinson 4) Andrea Sturdevant
- 7 Fertile-Beltrami 59.8
- 1) Reese Bruggeman 2) Miley Fladhammer
- 3) Haidyn Berhow 4) Kenna Jensrud
- 8 NCE/UH 1:04.2
- 1) Morgan Boreen 2) Cassidy Abraham
- 3) Chloe Abraham 4) Brooke Kenfield

Girls Varsity 4x200m Relay Finals

=====

Team Time

=====

- 1 Bagley/Fosston 1:49.0

- 1) Claire Klinkhammer 2) Isabella Warmbold
- 3) Sienna Friesen 4) Tessa Manecke
- 2 Park Christian 1:53.2
- 1) Rebecca Peterson 2) Makenna Christenson
- 3) Maria Spaeth 4) Annika Johnson
- 3 Climax-Fisher-Sacred Heart 1:53.7
- 1) Meah Marshall 2) Finley Horken
- 3) Anna Wellumson 4) Adley Vigness
- 4 Ada-Borup-West 1:55.6
- 1) Aubrie Trautner 2) Makenna Ness
- 3) Julia Miller 4) Sarah Prodzinski
- 5 Fertile-Beltrami 1:56.1
- 1) Jordyn Rasch 2) Bailey Iverson
- 3) Brylee Clark 4) Ella Kronschnabel
- 6 Mahnomen/Waubun 2:01.8
- 1) Leala Halvorson 2) Natalie Noll
- 3) Morgan Houdek 4) Dakiya Smith
- 7 Win-E-mac 2:12.0
- 1) Tatiyana Oliver 2) Karlie Schow
- 3) Kirsten Spry 4) Adara Peterson

Girls Varsity 4x400m Relay Finals

Team Time

- 1 Fertile-Beltrami 4:23.3
- 1) Jordyn Rasch 2) Bailey Iverson
- 3) Ella Kronschnabel 4) Katrina Hitchen
- 2 Ada-Borup-West 4:26.3
- 1) Jenna Thompson 2) Macie Cavett
- 3) Sarah Prodzinski 4) Makenna Ness
- 3 Park Christian 4:39.2
- 1) Bailey Murack 2) Annika Frueh
- 3) Siri Messelt 4) Mattea Berge
- 4 Bagley/Fosston 4:41.4
- 1) Hannah Fonder 2) Abigail Seed
- 3) Ava Hayes 4) Hatty Quam
- 5 Mahnomen/Waubun 4:51.9
- 1) Mataya Bigbear 2) Natalie Noll
- 3) Morgan Houdek 4) Kaitlyn Obowa
- 6 Climax-Fisher-Sacred Heart 5:06.7
- 1) Peyton Schroeder 2) Norah Hanson
- 3) Phoebe Cokeley 4) Maddie Kuster
- Win-E-mac DNS
- 1) Shelby Mandt 2) Tatiyana Oliver
- 3) Kirsten Spry 4) Adara Peterson

Girls Varsity 4x800m Relay Finals

Team Time

- 1 Climax-Fisher-Sacred Heart 11:03.1
- 1) Peyton Schroeder 2) Phoebe Cokeley
- 3) Norah Hanson 4) Maddie Kuster
- 2 Park Christian 11:10.1
- 1) Ellie Rogness 2) Meg Rogness
- 3) Elena Brown 4) Annika Frueh
- 3 Fertile-Beltrami 12:06.8

- 1) Ella Bolstad 2) Tessa Opdahl
- 3) Malea Magnell 4) Skyler Benson
- 4 Bagley/Fosston 12:50.7
- 1) Heidi Steinbrenner 2) Lillian Nelson
- 3) Alivia Heller 4) Jillian Baumann
- 5 Ada-Borup-West 14:50.1
- 1) Anastacia Flint 2) Kylie Fagne
- 3) Lillian Hansen 4) Ellie Gonzales

Girls Varsity Shot Put Finals

Athlete Yr Team Mark

- 1 Kathryn Sullivan Climax-Fisher-Sacred Hea 33-0
- 2 Atarah Tofibam Park Christian 32-9.5
- 3 Kaycee Endreson Park Christian 31-1
- 4 Norah Marquis Bagley/Fosston 28-0
- 5 Emily Abdo Mahnomen/Waubun 27-2
- 6 Avalee Racine Mahnomen/Waubun 27-1.5
- 7 Cassidy Abraham NCE/UH 26-10.5
- 8 Mackenzie Rude Park Christian 26-8
- 9 Izabel Marcussen Ada-Borup-West 26-2
- 10 Stephanie Miller Fertile-Beltrami 25-7.5
- 11 Kensey LaCroix Bagley/Fosston 24-6
- 12 Nenookaasi Poitra Mahnomen/Waubun 23-10
- 13 Beth Mertz Ada-Borup-West 22-2.5
- 14 Hailey Gudvangen Fertile-Beltrami 21-4.5
- 15 Anna Jackson Bagley/Fosston 20-9.5
- 16 Kylie Fagne Ada-Borup-West 20-1
- 17 Ava Johnson Climax-Fisher-Sacred Hea 19-3.5
- Allegra Knott Red Lake County DNS

Girls Varsity Discus Finals

Athlete Yr Team Mark

- 1 Kaycee Endreson Park Christian 94-1
- 2 Cassidy Abraham NCE/UH 90-0
- 3 Izabel Marcussen Ada-Borup-West 88-5
- 4 Norah Marquis Bagley/Fosston 85-0
- 5 Alexis Scheid Park Christian 81-9
- 6 Kathryn Sullivan Climax-Fisher-Sacred Hea 79-1
- 7 Chloe Abraham NCE/UH 76-10
- 8 Sarah Prodzinski Ada-Borup-West 73-8
- 9 Kenna Jensrud Fertile-Beltrami 71-1
- 10 Brooke Kenfield NCE/UH 66-11
- 11 Hailey Gudvangen Fertile-Beltrami 64-6
- 12 Nenookaasi Poitra Mahnomen/Waubun 62-7
- 13 Kailyn Wyland Park Christian 62-1
- 14 Bianca Reyes Ada-Borup-West 61-11
- 15 Libby Keezer Mahnomen/Waubun 58-10
- 16 Shelby Long Win-E-mac 58-8
- 17 Skye Balstad Bagley/Fosston 57-4
- 18 Kensey LaCroix Bagley/Fosston 57-0
- 19 Stephanie Miller Fertile-Beltrami 53-8
- 20 Ava Johnson Climax-Fisher-Sacred Hea 50-3
- Callie Guinn Mahnomen/Waubun DNS

Girls Varsity High Jump Finals

=====

Athlete Yr Team Mark Wind

=====

- 1 Ava Phrakonkham Bagley/Fosston 5-3
- 2 Annika Aakre Park Christian 5-3
- 3 Ella Kronschnabel Fertile-Beltrami 4-9
- 4 Elizabeth Lytle Red Lake County 4-7
- 5 Rebecca Peterson Park Christian 4-5
- 6 Ava Hayes Bagley/Fosston 4-5
- 7 Mattea Berge Park Christian 4-5
- 8 Miley Fladhammer Fertile-Beltrami 4-3
- Emersyn Borgen Ada-Borup-West NH
- Hatty Quam Bagley/Fosston NH

=====

- 1 Avery Aakre Park Christian 32-9.5
- 2 Isabella Warmbold Bagley/Fosston 31-11.5
- 3 Natalie Aakre Park Christian 31-11
- 4 Teagan Duppong Bagley/Fosston 31-8.5
- 5 Finley Horken Climax-Fisher-Sacred Hea 31-4.5
- 6 Jenna Thompson Ada-Borup-West 30-1
- 7 Reese Wedin Bagley/Fosston 26-7.5
- 8 Brylee Clark Fertile-Beltrami 25-1
- 9 Alexis Pazdernik Mahnomen/Waubun 24-7.5
- Ruth Harris Park Christian ND
- Reese Bruggeman Fertile-Beltrami DNS

Girls Varsity Pole Vault Finals

=====

Athlete Yr Team Mark Wind

=====

- 1 Ruth Harris Park Christian 9-0
- 2 Macie Cavett Ada-Borup-West 8-0
- 3 Sofie Grunhovd Fertile-Beltrami 7-6
- 4 Bailey Murack Park Christian 7-6
- 5 Brielle Duppong Bagley/Fosston 6-6
- 6 Micayla Olson Fertile-Beltrami 6-6
- 7 Lillian Nelson Bagley/Fosston 5-6
- 7 Malea Magnell Fertile-Beltrami 5-6
- 9 Emma Crist Bagley/Fosston 5-0
- 9 Zara Bakke Ada-Borup-West 5-0

Girls Varsity Long Jump Finals

=====

Athlete Yr Team Mark Wind

=====

- 1 Annika Aakre Park Christian 16-3.75
- 2 Julia Miller Ada-Borup-West 15-11.25
- 3 Makenna Christenson Park Christian 15-10.5
- 4 Avery Aakre Park Christian 15-6.5
- 5 Sienna Friesen Bagley/Fosston 14-8.25
- 6 Finley Horken Climax-Fisher-Sacred Hea 14-6.25
- 7 Caralina Janisch Win-E-mac 14-6
- 8 Katrina Hitchen Fertile-Beltrami 14-3
- 9 Reese Wedin Bagley/Fosston 13-2
- 10 Dakiya Smith Mahnomen/Waubun 12-4
- 11 Emelia Tweten NCE/UH 11-10
- 12 Alexis Pazdernik Mahnomen/Waubun 11-8.25
- 13 Micayla Olson Fertile-Beltrami 11-8
- 14 Daphne Harmoning Red Lake County 11-7.5
- 15 Karlie Schow Win-E-mac 11-4.5
- 16 Maria Green Bagley/Fosston 11-2
- 17 Chloe Abraham NCE/UH 10-8.25
- 18 Mina Kjono NCE/UH 10-6
- 19 Ellie Gonzales Ada-Borup-West 8-8.25
- Shelby Long Win-E-mac ND

Girls Varsity Triple Jump Finals

=====

Athlete Yr Team Mark Wind